

4-H Family News

WASHTENAW COUNTY

AUGUST 2022



Congratulations and Thank You!

Congratulations to all the Washtenaw County 4-H members who participated in the Washtenaw County 4-H Youth Show. We were proud to see all your hard work and determination on display at this event. We also want to thank every superintendent, volunteer, judge, clerk, runner, and parent who sacrificed their time and effort to make this event special for our youth. We know there were some bumps along the way, and we look forward to improving to make it even better next year.

4-H members, please remember to take a few minutes to write any remaining thank you notes to trophy sponsors, ribbon sponsors, animal buyers, or entrepreneurship buyers. If you need additional thank you notes, postcards, or buyer information, please stop by the office or email us.

Have feedback on the Youth Show? Please complete our survey here: https://msu.co1.qualtrics.com/jfe/form/SV_3K7ubKprNHutkLs

If you have photos of your 4-Hers from the Washtenaw County 4-H Youth Show and are willing to share them, please email them to Jenny Speyer, speyerje@msu.edu. We would love the chance to use photos to advertise for 4-H and recruit more youth to our program.

UPCOMING COMMITTEE MEETINGS:

Livestock and Dairy Committee

August 11th 7:00 pm in the Washtenaw County MSU Extension Office

Horse Board and Horse Association

August 23rd 6:30 pm & 7:00 pm in the Washtenaw County MSU Extension Office

Still Projects Committee

August 23rd at 6:30 pm on Zoom (email Jenny Speyer, speyerje@msu.edu for a link)

Advisory Council: Fall 4-H Program Kick Off

September 8th at 7:00 pm in the Washtenaw County MSU Extension Office

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COUNTY 4-H NEWS

Washtenaw County 4-H Youth Show Lost and Found

We have pitch forks, brooms, shovels and lots of personal items like water bottles left over from the Youth Show. If you are missing any items, please email or call Katherine Miller, mill2948@msu.edu to check our lost and found.

Washtenaw County 4-H Scholarship



Do you have a 2023 graduate in your family? The application for the Washtenaw County 4-H Scholarship for 2023 Graduates is ready! This scholarship is funded by the Washtenaw County 4-H Service Club and Advisory Council and open to any high school senior graduating in 2023 who is a participant in the Washtenaw County 4-H Youth Program planning to attend college or a technical school. The scholarship application is due Friday, September 2, 2022. Please return application and letter of recommendation via hard copy or email (speyerje@msu.edu) to the Washtenaw County MSU Extension Office. If you have any questions, please call the office or email Jenny Speyer, speyerje@msu.edu.

Advisory Council Looking for More Members!

The Washtenaw County 4-H Advisory Council is looking for more members to add to their committee. The council meets every other month on the 2nd Thursday in the MSU Extension Office. The main purpose of the council is to raise funds along with the Service Club to provide scholarships to 4-H youth. The Advisory Council would like to expand their scope to provide more support to the Washtenaw County 4-H program but needs members of each committee to join the Council. Members of other Washtenaw County 4-H Committees interested in joining can attend the September 8th meeting in the MSU Extension Office. If you have questions, please email Jenny Speyer, speyerje@msu.edu.

4-H Re-Enrollment Starts September 12th for the 2022-23 Program Year

On September 12th re-enrollment begins for the 2022-23 program year. If you need to access your club roster or anything else in 4-H online, please do so **before August 31st** when the system will be shutdown to prepare for re-enrollment. This means families and volunteers will not be able to access the 4-H online system from August 31st to September 12th. We will be contacting families who are incomplete in the system and club leaders about any club requests awaiting review and the status of clubs. If you have any questions about re-enrollment or your club, contact us!





COUNTY 4-H NEWS

4-H Poultry Community Service Project

William Rogers from Saline 4-H Farmers raised and donated a 20 lb turkey to Saline Area Social Services through the 2022 4-H Poultry Community Service Project. This project allows youth to not only raise poultry for the Youth Show but also to give back to their community. 4-H youth who raise any poultry market project for the Youth Show have the option to enter them into a market class or donate them to the food bank. Youth can also participate and donate them even if they are not entered in a market class. Interested in participating next year? Stay tuned for the 2023 Youth Show Book for information on how to participate. Great job William!



Washtenaw 4-H Junior Livestock Program Featured in the Chelsea Guardian

Thank you to Kathy Grau, the Junior Livestock Program Leader, for publishing an article highlighting community service work of the Junior Livestock youth. We are excited to see these youth acknowledged for their hard work and contribution to their community. You can find the full article here. If you are a 4-H leader or volunteer who is interested in publishing an article in a local paper, please let us know! We appreciate the opportunity to get the word out in our local communities about the great work 4-H is doing and to recruit more youth to our program.

Become a 4-H Volunteer or Leader!



Are you interested in becoming a 4-H Volunteer or leader in your 4-H club? We are always looking for adults willing to volunteer with youth to make the best better! 4-H Volunteer have the chance to make a difference in the lives of our local youth and have fun along the way! All adults wishing to become a 4-H volunteer begin the process by completing our Volunteer Selection Process (VSP). If you are interested in becoming a volunteer, please visit https://msu.samaritan.com/custom/502/volunteer-home and click on the Apply button. All volunteers working with youth as a club or project leader must chose the GOLD level. The process requires at least 3 references and an interview. Once the application is received, as you are starting your modules and

background check, your references will be contacted. When those steps are completed, you will be contacted for an interview with Katherine or Jenny. Questions about the process? Contact us for more information.



STATEWIDE CALENDAR OF EVENTS

Welcome Back MSU 4-H Alumni Reception



Join MSU Extension for the fifth annual MSU Welcome Back 4-H Alumni Reception on Wednesday, September 7.

All current or former 4-H'ers attending MSU this fall are invited to stop by the grassy area on the north side of the Morrill Hall of Agriculture from 5:30 - 7:00 p.m. for networking and free dinner!

Members of the MSU Extension staff will be on site to interact with 4-H alums and free pizza and pop will be provided. Come to meet fellow 4-H'ers, network with staff and students and have fun.

Learn more canr.msu.edu/events/ msu-welcome-week-4-h-alumni-reception.

August 1-5: MSU Tollgate Farm Vet Science Camp

MSU Tollgate Farm, Novi

Campers ages 12-14 can explore the Tollgate barns and pastures as they investigate the worlds of veterinary science and animal medicine. Gain animal handling experience, learn about veterinary tools and technology, practice physical exams, and take the opportunity to explore various animals and animal care with visiting vets and animal care specialists.

https://www.canr.msu.edu/events/msu-tollgate-farm-vet-science-camp-2022

August 2: Adulting 101 - Healthy U

Online

Learn strategies and ways to advocate for your wellness and to stay mentally and physically healthy as you transition into adulthood.

https://www.canr.msu.edu/events/adult101summer8-2

August 15-19: MSU Tollgate Farm Outdoor Adventure Camp

MSU Tollgate Farm, Novi

Campers ages 12-14 can take survival camp to a whole new level and challenge themselves with exciting wilderness skill-building experiences. Try your hand at fire-building, wilderness first aid, outdoor cooking, shelter-building, climbing, and team-building trust initiatives. An optional Thursday overnight campout on the farm is included.

https://www.canr.msu.edu/events/msu-tollgate-farm-outdoor-adventure-camp-2022

August 20: Michigan 4-H State Dog Show

Shiawassee County Fairgrounds, Corunna

The Michigan 4-H State Dog Show will provide classes in agility, obedience, rally, team, brace and showmanship. Spectators welcome!

https://www.canr.msu.edu/events/michigan-4-h-state-dog-show

August 20: 4-H Bullseye Bash

Northern District Fair, Cadillac

Participate in the first Wexford County archery competition! This new event is designed to help 4-H members meet new friends, test skills, and provide positive experiences through friendly competition.

https://www.canr.msu.edu/events/4-h-bullseye-bash-at-northern-district-fair





STATEWIDE 4-H NEWS

2022 Michigan 4-H State Award winners announced



The Michigan 4-H State Awards Program recognized outstanding 4-H members during the opening session of 4-H Exploration Days on June 22. At the event, honorees had the opportunity to celebrate their accomplishments with their fellow 4-H Exploration Days participants.

A Michigan 4-H State Award is the highest honor bestowed on Michigan 4-H members and recognizes a level of excellence in learning, leadership and service. In total, 20 4-H members from 16 counties submitted applications to take part is this year's program.

"With tens of thousands of 4-H'ers across the state, the youth honored with 4-H State Awards are some of our most accomplished 4-H'ers," said Julie Chapin, 4-H state leader of Michigan 4-H and director of MSU Extension's children and youth programs. "Their commitment to bettering themselves

and their communities through service and extensive 4-H work make them true leaders in their clubs, counties and across our state."

Michigan 4-H State Awards were presented in 13 of the 19 available award categories that showcase the diverse array of 4-H knowledge, skills, and experience. Recipients of the 2022 awards are:

- Beef Science: Charlee Klink of Delta County (junior division)
- Companion Animal Science: Malachi Sims of Shiawassee County (senior division)
- Dairy Science: Sophia Nielsen of Ingham County (junior division)
- Environmental Science: Vishal Swamy of Oakland County (junior division)
- Equine Science: Jayleigh Williams of Lenawee County (junior division)
- Food, Nutrition, Health Fitness: Rebecca Thomas of Ionia County (senior division)
- Gardening and Horticulture: Brooke Richards of Macomb County (junior division)
- Goat Science: Caitlynn Pratt of Otsego County (junior division) and Audrey Martin of Midland County (senior division)
- Leadership: Alana Aulph of Monroe County (junior division)
- Rabbit and Cavy Science: Noah Hecht of Saginaw County (junior division) and Alexis Fisher of Monroe County (senior division)
- Sheep Science: Jadyn Herzog of Allegan County (junior division) and Jaycie Brown of Livingston County (senior division)
- Science, Technology, Engineering and Mathematics (STEM): Brandon Fisher of Monroe County (junior division) and Blake Towne of Van Buren County (senior division)
- Visual, Performing and Expressive Arts: Corinna Aulph of Monroe County (junior division)

The Michigan 4-H State Awards Program is open to 4-H members who are 13-19 years old with three or more years of 4-H experience. To qualify for the award, 4-H'ers must submit a written application that showcases the learning experiences, knowledge and skills they've acquired through their participation in 4-H, as well as their contributions to their local 4-H programs, clubs and communities. Submissions are reviewed by the Michigan 4-H State Awards selection committee. This group of volunteers, staff members and industry experts determine which members are selected as award finalists. All applicants receive written feedback from selection committees.

Senior delegates (ages 16-19) and groups then complete an interview using video conference technology. Completing a video interview provides an opportunity for 4-H members to practice real-world skills that are trending in the workforce.

In addition to a plaque, each 4-H State Award winner in the senior division will also receive a \$200 cash award; junior winners receive \$50 cash awards. These awards are made possible by generous donations to the Michigan 4-H Foundation.





MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extra's Parenting Hour

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

Class dates:

8/2/22: What Children Need to Know to Start School

8/9/22: Purpose of Play

8/16/22: RELAX: Alternatives to Anger for Parents and Caregivers

8/23/22: Setting the Stage: Promoting Social-Emotional Health in Young Children

8/30/22: Raising Young Readers

Registration: https://msu.zoom.us/webinar/register/WN_53Q2IZRkSjCWm8vpsmTxJg

For more information contact Courtney Aldrich at aldric82@msu.edu

Guiding Principles for Highly Successful Parenting

Are you wondering how to gain greater cooperation from your children? Struggling with chores or routines? Not sure how to handle discipline issues? Join us for this five week parenting education series for parents with children of all ages will explore developing routines, emotional control, rules and relationships, and being a calm, assertive parent. Certificates of attendance are available.

Class dates:

August 2, August 9, August 16, August 23, August 30

Class Times: 11:30AM-1:00PM

Registration: https://events.anr.msu.edu/GuidingPrinciplesAugust2022/
For more information contact Courtney Aldrich at aldric82@msu.edu

The Parent Talk System

Do you feel like your children aren't listening to you? Finding yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

Class dates:

August 4, August 11, August 18, August 25, September 1, September 8

Class times: 8:00 PM to 9:30 PM

Registration: https://events.anr.msu.edu/ParentTalkAugustSeptember2022/

For more information, contact Courtney Aldrich, aldric82@msu.edu

Building Strong Adolescents

Are you wondering how to navigate the teen years with your child? Do you wonder how to set limits while still promoting independence and encouraging positive relationships? Join us for this five week parenting education series for parents with children between 9-16 and explore the assets children need to succeed. Certificates of attendance are available.

Class dates:

August 1, August 8, August 15, August 22, August 29

Class Times: 8:00PM-9:30PM

Registration: https://events.anr.msu.edu/BSAAugust2022/

For more information contact Courtney Aldrich at aldric82@msu.edu



MSU Extension Child and Family Development

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

Extension Extras Family FAQs Lunch and Learn

Join MSU Extension for our live question and answer parenting programming option, Extension Extras Family FAQs Lunch and Learn! This one hour program features MSU Extension child and family development experts answering your pressing parenting questions. Preregister and join via Zoom or watch the live stream on our Facebook page@MiStrongerFamily.

Helping Kids Manage Stress: Kids have more stresses than ever! Join MSU Extension Experts to talk about how to help children manage their stress. Ask your questions and receive live answers!

Class Date: August 11th from 11:30AM – 12:30PM Registration: https://bit.ly/MSUEFamilyFAQ

For more information contact Carrie Shrier, shrier@msu.edu

Click here to submit your parenting questions in advance or submit questions via Zoom or Facebook Live chat.

Early Childhood Professional Development Classes

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

Learning to Talk: The Development of Speech-Language Skills in Children

Class Date/Time: August 18th, 2022 from 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN -w08m1n6SLmCjwrGQv FUQ

For more information contact Vivian Washington at washi138@msu.edu

How Children Develop

Class Date/Time: August 26th, 2022 from 1:00PM to 2:30PM Registration: https://msu.zoom.us/webinar/register/WN_I4_hR-

s7TbC2bJY2qawevA

For more information contact Vivian Washington at washi138@msu.edu

Online Self-Paced Classes

These free online classes can be completed on your own at your own pace.

Positive Discipline: Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: https://www.canr.msu.edu/courses/positive-discipline-online-course

For more information contact Courtney Aldrich at aldric82@msu.edu

MI Parenting Resource: This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: https://miparentingresource.org/

For more information contact Courtney Aldrich at aldric82@msu.edu

